

PETITE FLEUR

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RHYTHM/PHASE: Foxtrot phase 4 + 2 (Double Reverse, Right Lunge Roll & Slip)
FOOTWORK: Opposite unless indicated (W's footwork in parentheses)
SEQUENCE: **INTRO A B B END**

MEAS

INTRODUCTION

1-4 WAIT; SWAY L & R; REV WAV;;

- 1 In CP fcg DLC WAIT;
2 {SWAY L & R}Mvg wgt to L incline bdy from ankle upward away from R, -, mvg wgt to R incline bdy from ankle upward away from L, -;
3-4 {REV WAV}Fwd L stg LF bdy tm up to 3/8, -, sd R, bk L diag; bk R LOD, -, bk L, bk R crvg LF to end fcg RLOD; (Bk R stg LF bdy tm up to 3/8, -, cl L to R [heel turn], fwd R diag; fwd L, -, fwd R, fwd L staying in CP;)

5-8 BK FTHR; BK CHASSE BJO DLW; CL WING; DBL REV SPN DLW;

- 5 {BK FTHR}Bk L, -, bk R w/R shldr ld, bk L to BJO;
6 {BK CHASSE BJO}Bk R trng LF ¼ to CP, -, sd L/cl R, sd L to BJO DLW;
7 {CL WING}Fwd R, -, draw L to R w/LF upper bdy tm, cont upper bdy tm tch L; (Bk L, -, sd R acrss M, fwd L to SCAR fcg DLC;)
8 sqq {DBL REV SPN}Fwd L comm LF tm, -, sd R [3/8 LF tm between stps 1 & 2], spn up to 1/2 LF between (sq&q) stps 2 & 3 on ball of R bringing L ft undr bdy beside R w/no wgt flexed knees fcg DLW; (Bk R comm to trn LF, -, L ft cls to R [heel turn] trng 1/2 LF between stps 1 & 2/sd and slightly bk R cont LF tm, XLif of R;)

PART A

1-4 DIAM TRN 1/2 DRC;; TRN L & R CHASSE BJO; BK HVR SCP;

- 1-2 {DIAM TRN 1/2}Mvg to BJO fwd L trng LF on diag, -, cont LF tm sd R, bk L w/ptr outsd M in BJO; staying in BJO and trng LF bk R, -, sd L, fwd R outsd ptr in BJO DRC;
3 sq&q {TRN L & R CHASSE}Fwd L comm LF upper bdy tm, -, sd R cont trn LF/cl L, sd R comp tm to BJO;
4 {BK HVR SCP}Bk L, -, sd and bk R w/slight rise, rec L to SCP DLW; (Fwd R, -, sd and fwd L w/slight rise & brush free ft to supporting ft, rec R to SCP;)

5-8 I/O RUNS;; OPN NAT TRN; BK BK/LK BK;

- 5-6 {I/O RUNS}Fwd R stg RF tm, -, sd and bk DLW L to CP, bk R to BJO; using CBM bk L trng RF, -, sd and fwd R between W's feet cont RF tm, fwd L to SCP; (Fwd L, -, fwd R between M's feet, fwd L outsd M in BJO; using CBM fwd R stg RF tm, -, fwd and sd L cont RF tm, fwd R to SCP;)
7 {OPN NAT TRN}Comm RF upper bdy tm fwd R heel to toe, -, sd L across LOD, cont slight RF upper bdy tm bk R ldg ptr to BJO; (Comm RF upper bdy tm bk L, -, cl R [heel turn] cont trn, fwd L outsd ptr to BJO;)
8 sq&q {BK BK LK/BK}Bk L, -, bk R/lk L in frnt of R, bk R;

9-12 HES CHNG; REV WAV;; BK FTHR;

- 9 ss {HES CHNG}Comm RF upper bdy trn bk L, -, sd R cont RF trn stg to draw L to R and cont drawing L to R ovr remainder of the meas, -;
- 10-11 {REV WAV}Fwd L stg LF bdy tm up to 3/8, -, sd R, bk L diag; bk R LOD, -, bk L, bk R crvg LF to end fcg RLOD; (Bk R stg LF bdy tm up to 3/8, -, cl L to R [heel turn], fwd R diag; fwd L, -, fwd R, fwd L staying in CP;)
- 12 {BK FTHR}Bk L, -, bk R w/R shldr ldg, bk L to BJO;

13-15 BK CHASSE SCP; CHR & SLP; DBL REV SPN DLW;

- 13 sq&q {BK CHASSE SCP} Bk R tmg LF ¼ to CP, -, sd L/cl R, sd L to SCP;
- 14 {CHR & SLP}Ck thru R w/lung action, -, rec L [no rise], w/slight LF upper bdy tm slp R bhd L cont tm 1/8 LF to CP DLC; (Ck thru L w/lung action, -, rec R [no rise], swvl LF on R and stp fwd L outsd M's R ft to CP;)
- 15 sqq {DBL REV SPN} Fwd L comm LF tm, -, sd R [3/8 LF tm between stps 1 & 2], spn up to 1/2 LF between (sq&q) stps 2 & 3 on ball of R bringing L ft undr bdy beside R w/no wgt flexed knees fcg DLW; (Bk R comm to tm LF, -, L ft cls to R [heel turn] tmg 1/2 LF between stps 1 & 2/sd and slightly bk R cont LF tm, XLif of R;)

PART B

1-4 HVR TELE; SLO SD LK DLC; REV FALWY; SLP & CHASSE SCP;

- 1 {HVR TELE}Fwd L, -, diag sd and fwd R rising slightly [hovering] w/bdy tmg 1/4 RF, fwd L sm stp on toes to SCP; (Bk R, -, diag sd and bk L w/hvrg action and bdy tmg 1/4 RF, fwd R sm stp on toes to SCP;)
- 2 {SLO SD LK}Thru R, -, sd and fwd L to CP, XRib of L tmg LF to DLC; (Thru L stg LF tm, -, sd and bk R cont LF tm to CP, XLif of R;)
- 3 {REV FALWY}Fwd L tmg LF, sd R, XLib of Rt; (Bk R tmg LF, sd L, XRib of L;)
- 4 sq&q {SLP & CHASSE SCP}Comm slight LF upper bdy rotation w/rise plc R toe directly bhd L cont rotation to allow W's L ft to end outsd M's R ft to CP, sd L/cl R, sd L to SCP DLW;

5-8 PROM WEV;; FWD R LUN; ROLL & SLP;

- 5-6 sqq {PROM WEV}Fwd R, -, fwd L comm LF tm, sd and slightly bk on R to BJO DLC; bk L, bk R comm LF tm and ld W to CP, sd and slightly fwd L DLW, fwd R outsd ptr to BJO; (Fwd L, -, sd and slightly bk R comm LF tm to BJO, cont tng on R fwd L; fwd R, fwd L comm LF tm, cont LF tm sd and slightly bk R, bk L to BJO;)
- 7 ss {FWD R LUN}Fwd L, -, flexing knee move sd and slightly fwd onto R keeping L sd in twd ptr and as wgt is taken on R flex R knee and make slight LF bdy tm and look at ptr, -; (Bk R, -, flexing knee move sd and slightly bk on to L keeping R sd in twd ptr and as wgt is taken on L flex L knee and make slight LF bdy tm, -;)
- 8 {ROLL & SLP}Rolling RF up to 3/8 rec L, -, slp R past L, -; (Rolling RF up to 3/8 rec R, -, fwd L, -;)

9-12 REV TRN 1/2; HVR CORTE; OUTSD SWVL; HVR FALWY;

- 9 {REV TRN ½}Fwd L stg LF bdy tm, -, sd R cont tm, bk L LOD to CP;
- 10 {HVR CORTE}Bk R stg LF tm, -, sd and fwd L w/hvrg action cont bdy tm, rec R in BJO; (Fwd L tmg LF, -, sd and fwd R w/hvrg action, rec L outsd the M to BJO;)
- 11 ss {OUTSD SWVL}Bk L in CMBP, -, XRif of L w/no wgt, -; (fwd on R, -, swvl RF on ball of R ft ending in SCP, -;)
- 12 {HVR FALWY}Fwd R, -, fwd L rising to ball of ft and ckg, rec on R;

13-16 BK BK/LK BK; SLP PVT BJO; CL WING; DBL REV SPN DLW;

- 13 {BK BK/LK BK}In SCP Bk L, -, bk R/lk L in frnt of R, bk R;
- 14 {SLP PVT}Bk L, -, bk R comm LF tm [keeping L leg extd], fwd L to BJO; (Bk R comm LF pvt on ball of ft [thighs lkd L leg extd], -, fwd L comp LF tm placing L ft near M's R ft, bk R to BJO;)
- 15 {CL WING}Fwd R, -, draw L to R w/LF upper bdy tm, cont upper bdy tm tch L; (Bk L, -, sd R acrss M, fwd L to SCAR fcg DLC;)

16 sqq {DBL REV SPN}Fwd L comm LF tm, -, sd R [3/8 LF tm between stps 1 & 2], spn up to 1/2 LF between (sq&q) stps 2 & 3 on ball of R bringing L ft undr bdy beside R w/no wgt flexed knees fcg DLW; (Bk R comm to tm LF, -, L ft cls to R [heel turn} tmng 1/2 LF between stps 1 & 2/sd and slightly bk R cont LF tm, XLif of R;)

RPT PART B

END

1-4 DIAM TRN 1/2 DRC;; TRN L & R CHASSE BJO; BK HVR SCP;

REPEAT PART A MEAS 1-4

5-9 SLO SD LK DLC; DBL REV SPN; FWD RT LUNG; PROM SWAY; CHNG SWAY;

5 {SLO SD LK}Thru R, -, sd and fwd L to CP, XRib of L tmng LF to DLC; (Thru L stg LF tm, -, sd and bk R cont LF tm to CP, XLif of R;)

6 sqq {DBL REV SPN}Fwd L comm LF tm, -, sd R [3/8 LF tm between stps 1 & 2], spn up to 1/2 LF between (sq&q) stps 2 & 3 on ball of R bringing L ft undr bdy beside R w/no wgt flexed knees fcg DLW; (Bk R comm to tm LF, -, L ft cls to R [heel turn} tmng 1/2 LF between stps 1 & 2/sd and slightly bk R cont LF tm, XLif of R;)

7 ss {FWD R LUN}Fwd L, -, flexing knee move sd and slightly fwd onto R keeping L sd in twd ptr and as wgt is taken on R flex R knee and make slight LF bdy tm and look at ptr, -; (Bk R, -, flexing knee move sd and slightly bk on to L keeping R sd in twd ptr and as wgt is taken on L flex L knee and make slight LF bdy tm, -;)

8 ss {PROM SWAY}Rec L trng to SCP and stretching bdy upward to look over jnd ld hnds, -, flex L knee, -; (Rec R tmng to SCP and stretching bdy upward to look over jnd ld hnds, -, flex R knee, -;)

9 {CHNG SWAY}Tm to CP and chng sway to R, -, -, -;

QUICK CUES

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Wulf

INTRO. . .CP DLC

WAIT; SWAY L & R; REV WAVE;;

BK FTHR; BK CHASSE' BJO DLW; CLSD WING; DBL REV;

PART A

DIAMOND TRN HALF, DRC;; TRN LFT & RT CHASSE'; BK HOVER, SCP;

IN & OUT RUNS;; OPN NAT; BK, BK/LK BK;

HEST CHNG; REV WAVE;; BK FTHR; BK CHASSE' SCP;

CHAIR & SLIP; DBL REV;

PART B

HOVER TELE; SLO SD LK; REV FALLWAY; SLIP & CHASSE', SCP;

PROM WEAVE;; FWD RT LUNG; ROLL & SLIP;

REV TRN HALF; HOVER CORTE; SLO OUTSD SWVL;

HOVER FALLWAY;

BK, BK/LK BK; SLIP PIVOT, BJO; CLSD WING; DBL REV;

PART B

HOVER TELE; SLO SD LK; REV FALLWAY; SLIP & CHASSE', SCP;

PROM WEAVE;; FWD RT LUNG; ROLL & SLIP;

REV TRN HALF; HOVER CORTE; SLO OUTSD SWVL; HOVER FALLWAY;

BK, BK/LK BK; SLIP PIVOT, BJO; CLSD WING; DBL REV;

END

DIAMOND TRN HALF, DRC;; TRN LFT & RT CHASSE'; BK HOVER, SCP;

SLO SD LK; DBL REV; FWD RT LUNG; PROM SWAY; CHNG SWAY;